

Rushing to catch the train one October day, I tripped over a loose sidewalk brick, dropping my textbooks everywhere. Before I could react, Maria was beside me, gathering the pages with hands weathered by decades of work. “Be careful, my kid,” she said softly, pressing a rose into my palm(手心). “Today needs beauty.”

On my graduation day, I brought Maria a handmade crown 花冠 of flowers. She laughed, her wrinkles deepening like sunlit petals 皱纹像被阳光照亮的花瓣, and pinned it above her usual seat.

Now, as a teacher, I tell my students about the woman who turned a simple street corner into a sanctuary of kindness. For twenty-three years, she didn't just sell roses — she spread hope, warmth, and the quiet magic of caring for strangers, proving beauty lives in ordinary hearts. (人性的光芒)

41 题: Hand in 提交 hand out 分发 sort out all our supplies 整理好 sort out his problem 解决处理 Get all the misunderstanding sorted out 解决处理好 bring out the side warm side of the father 展现; 使..显现

光盘行动: Saving food is our traditional virtue. However, food waste has become a growing concern in China. Intended to encourage people to save food and prevent food waste, the “Clean Plate” campaign was launched/was kicked off in Beijing in 2013 and has since been embraced wholeheartedly all over the country.

In response to the campaign, the following measures have been implemented, including using/putting up eye-catching slogans with easy-to-understand information to promote public awareness of valuing food, hosting school activities to inspire all the students to adopt the concept of food conservation in daily life, and applying big data in canteens to estimate food demand to prevent food wastage. Restaurants also offer smaller servings, on-demand dishes, and rewards for finishing meals. It is also encouraged to order according to your needs and pack up your leftovers if necessary.

The campaign promotes the traditional Chinese virtue of saving food and, supported by the 2021 Food Waste Law, helps prevent waste and safeguard food security for all.

张桐浩) With food waste becoming a growing concern, it is increasingly necessary to revive the traditional Chinese virtue of saving food. To raise public awareness about the value of food, the “Clean Plate” campaign was launched in Beijing in 2013.

Aimed at educating people to reduce food waste, the campaign called for coordinated efforts at all levels. Many communities encouraged residents to consciously adopt the concept of food conservation in their daily lives, and schools launched related activities to promote/popularize the “Clean Plate” initiative. Even along the streets, eye-catching slogans can be seen everywhere. These measures have clearly taken effect. The introduction of relevant laws has also helped achieve the goal of “order, cook, and eat the exact amount.” Canteens and restaurants can now offer personalized, on-demand dishes using big data technology, while people are learning to pack up leftovers and plan their meals according to their actual needs.

Thanks to everyone’s efforts, the “Clean Plate” campaign has proven to be a great success, serving as a perfect embodiment(体现) of the Chinese tradition of valuing food. I believe that through these actions, our society is heading toward a more beautiful, sustainable, and promising future.

(徐若晴) To encourage people to save food and reduce waste, a traditional Chinese virtue, the “Clean Plate” campaign was launched in Beijing in 2013. It quickly gained popularity across the country and was embraced wholeheartedly by the nation.

As food waste has become a growing common concern, tackling this issue requires cooperation from all sectors of society, with everyone doing their part. First, eye-catching slogans and easy-to-understand messages—such as “saving food is a pride, wasting food is a shame”—are widely promoted to raise public awareness of the value of food and to educate people on how to save it. Second, communities and schools have also issued official proposals urging people to order, cook, and eat only the exact amount of food they need. Moreover, restaurants and canteens also offer on-demand dishes and everyone is encouraged to plan meals according to their actual needs and take home their leftovers.

The “Clean Plate” campaign embodies the well-known Chinese tradition of valuing food. It is time for us to take action to prevent food waste, safeguard food security, and promote the traditional virtues of the Chinese nation. 冯辉宇) Intended to raise public awareness of valuing food and to educate people on saving it, the “Clean Plate” campaign was launched/was kicked off in Beijing and has since been embraced wholeheartedly by the nation.

This campaign calls for participation and cooperation at every level. Some communities hold publicity drives to promote the traditional Chinese virtue of saving food. Meanwhile, some canteens and restaurants have improved their selling strategies, such as offering smaller portions, to help reduce food waste. On a personal level, it is necessary for us to order food on demand and pack up our leftovers when eating out.

“Clean Plate” is far more than a slogan—it is a principle that deserves, and demands, to be put into practice in our daily lives. It helps develop good habits of cherishing and respecting others’ hard work by reducing food waste in our daily life.

(李依哲) Intended to raise public awareness of the value of food and encourage people to avoid waste, a “Clean Plate” campaign was launched in Beijing in 2013, and it was soon embraced wholeheartedly across the nation.

In response to its initiative, all sectors of society have joined forces to put the campaign into practice. Eye-catching slogans are displayed in communities, urging citizens to make food conservation a conscious daily habit/practice. Schools have also issued official proposals highlighting the importance of the “Clean Plate” initiative, and the government has enacted laws to prevent food waste. Moreover, individuals are actively doing their part: more and more people order only what they need, pack up leftovers, and plan meals carefully.

The "Clean Plate" campaign not only effectively reduces food waste and safeguards food security but also promotes the traditional Chinese virtue of valuing food. Together, we can build a more sustainable and civilized future.