

信念的改变: 1. With their eyes full of determination and power, they decided to proceed the adventure journey without leaving Lucas behind. Jack and Simon was resolved to take turns carrying Lucas on their backs. They helped each other and made a collective effort to overcome the final barrier. Gentle breeze brushed against their faces, making them feel the warmth of Spring, their heart full of the newfound power and anticipation for the fortune.

加上环境描写: 1. The morning sunshine shining gently, fragrant flowers smiling from ear to ear, green trees swaying (摇摆; 摆动) cheerfully, I together with Tom and Jerry set out early riding my bike, talking and singing all the way.

2. A ray of hope rose in his heart. (心中闪过一丝希望) The windows were shinning in the reflected rays of the setting sun 窗户上闪耀着落日的余晖

3. The beautiful scenery was revealed/unfolded in front of us: the soft sunlight(filtering) through the trees, a bird singing from a tree branch, the rich and earthy smell of the soil after the rain. Greeting us/Coming into our sight was the beautiful scenery:.....

4. In sharp/striking contrast with the other team's excited scream, my team members lowered their heads due to my mistake.

5. The bright sunlight flooded in through the window, warming up the whole room and melting the tension. The bird singing happily outside the window, he regained his faith in life

6. Upon seeing/At the sight of the delicately-wrapped meal, every one of them beamed with a bright smile, gently murmured "Thank you " and bowed to us sincerely. It was not until the night wiped out the last ray of sun that we finished our community service for the homeless.

7. His warm and bright smile sowed a seed of friendship in my heart. My mother's words did work magic. Smile indeed is a universe language and it helped me quickly fit into my new school.

续写(原谅语言的力量) 第一段: 衔接句: The sight of him being isolated like that squeezed/filled my heart with guilt/tugged at my heart strings(扣动我的心弦). 过渡句

1: With a knot in my stomach, I took a deep breath , mustered my courage, and sat beside him in an awkward silence for a moment. Then I confessed that : "I'm really sorry about the rumor, Del. I know now about your mom, and I feel terrible about what I said."

过渡句 2 Upon hearing my words, he widened his eyes in disbelief, a touch of annoyance and surprise flashing across his face. Seconds later, his expressions seemed to be softer and said: "Why did you spread such a rumor?" There was more confusion than rage in his complex mix of expressions. "Because of Gerny." I retorted(反驳道). Bowing his head in seeming regret, he apologized to me. Not until this moment did we understand and forgive each other.

结尾 2: At the sight of a newfound sparkle in his eyes when he stood up and joined a team, I felt a warm sense of relief and pride. From then on ,I knew the power of words-It can hurt but can also heal others. Not only had I cleared up a misunderstanding but also helped Del reintegrate with our classmates.

主题感悟 They came to the realization that the fortune did n't lie in the Silver Falcon but in the solid bond and courage they were blessed with/they exhibited in the face of adversity/challenges. This realization, instilled by the adventurous journey, was the true gift that transformed their life, far surpassing/exceeding the confines of acquiring fortune

倒装句: Hardly had they reached the dreamy island when they didn't find the hidden treasure. A rush of disappointment crept over their mind. Never did they anticipate such a depressing situation. Suddenly Lucas uttered with a grateful smile: "So grateful to you for helping me make it to the final destination."

Adj 做状语: Thrilled and so excited(狂喜的), Jane quickened pace and dashed to the helicopter, knowing that/in the knowledge that she would be rescued eventually.

With the boat off across the lake as if we were travelling through the past memory and picking up the golden old days,Papa's laughter echoed across. With the cheerful laughter,the setting sun,the old boat,and father with his old companion made up the most beautiful picture in the world.(画面定格式的结尾)

风景描写: 6.Despite the cold outside, their happy faces fill the air with warmth while merry laughter rings throughout the house./while the whole house echoed their merry laughter.

7.Rolled out/ Launched on March 18th, an event themed/with the theme of *Labor is the Most Beautiful* has gone viral/become a hit/gain currency among all the students and teachers alike in our school, for it not only promotes our practical/hands-on skills, strong will, unity and cooperation, but meanwhile we are also given the precious chances to contribute our share and rewarded with a spiritual fulfillment.

8.He ran over to his mother's arms, his face beaming with happiness/ a bright smile spreading across his face.

(3)我的话让布兰登猝不及防,他目瞪口呆。

My words caught Brendan off guard,who was dumbfounded.(让某人措手不及)

(4)脸上满是难以置信和感激之情,他咬着嘴唇,试图眨回泪水。

With disbelief and gratitude written on his face,he bit his lips,trying to hold back tears.

(5)“谢谢你。”他哽咽着说。“Thank you.”he said in a choked voice.

(6)我把车开到机场高速公路上,很快就把他送到候机楼外。

I pulled out into the airport highway and soon dropped him off outside the terminal building.

Para 2: Before he left to buy his air ticket,he gave me a huge hug.

(1)与此同时,他向我保证,一旦他攒够了钱就会还给我。

Meanwhile,he promised to me that he would pay me back as soon as he saved enough money.

(2)我也拥抱了他,表达了我对他的期望,那就是把善意传递出去,而不是还给我钱。

I hugged him back and expressed what I expected from him,which was spreading the kindness instead of repaying me.

(3)Brendan坚定地地点了点头,说,我的慷慨重新燃起了他对生活的信心,他肯定会继续我的善良之链。

Responding with a determined nod,Brendan said my generosity reignited his faith for life and he would surely continue my chain of kindness.

(4)和我告别后,他融入了人群,这是一个让我充满了满足感的画面。

Having bid farewell to me,he blended into the crowd,which was a scene filling me with fulfillment and contentment.

(5)金色的阳光透过车窗照进来,我又重新踏上去伦敦的路途。

With the golden sunshine flooding in through the car window,I was on my way to London again.

爱心传递:

2.From that day on, every time/whenever I meet someone who needs help/in need/in trouble, I always reach out to them, hoping to pass on the kindness that the Mexican family offered me.

pass on / spread this love/kindness to more people pay forward the kindness and keep the ripples going keep the chain of love and kindness going

颁奖词: I'm greatly honored to announce that the first prize of the English Play Contest goes to Darcy Team in recognition of their stunning/remarkable performance. Congratulations!

Your performance in the Million-Pound Note impressed us all, immersing us in the story and transporting us to the particular period the play was set in. Your stunning acting, creative plot-designing and stage setting all went far beyond our expectations. Your perfect timing of the lines and the movements took our breath away, which struck a chord with us emotionally.

Congratulations to Darcy team again! You richly/genuinely deserve the prize! With the decision in mind, I threw on my clothes and rushed to the supermarket to buy everything needed for the meal. Back home, I put on the aprons and threw myself into cooking the meal for my family. The cooking process was tough for me at first. After all I had been busy as a career woman previously. But ultimately I had finished the wonderful meal for them. At the sight of my family sitting around the table enjoying the dishes I had prepared, I suddenly discovered my value as a wife, a mom, a rush of fulfillment and satisfaction rising in my mind. Just at the moment I had a plan in my mind.

Despite being tired for the duration of the five-hour trip, they chatted excitedly with each other, their minds full of thoughts about/their minds filled with their sweet home.

8. As we all know, an unexpectedly serious flood struck/hit Beijing this summer, causing great damage to people's lives and properties. As a result, people are in desperate/great need of food, clothes and other living necessities.

9. We exchanged a knowing smile, realizing that sincerity, trust and communication were always the key to clearing up the misunderstanding between friends. give us a knowing look 会意地看了一眼

任务分配续写 First, after heated discussion, we decided/determined on Paper-Cutting /acupuncture /calligraphy /flying kites/ landscape painting as the theme to explore. Then, to guarantee the efficiency and the quality of our video, we assigned/distributed tasks among our team members based on our individual strength. Sarah and I focused on searching for information and writing script while Jack and Emily took charge of shooting/filming and editing. Through our joint collaboration and feedback from Mr Wang, our video was submitted and ultimately won recognition.

I really enjoy this activity, feeling rewarded and fulfilled, because.....

I could picture/imagine the disappointed look on her face, but what I feared more was the possibility that she would tell others I was that gossip. Holding/With the phone in sweating hands, I kept tossing and turning(辗转反侧) in bed, at a loss about which on earth matters more: preserving my image or telling the truth?

③ When it was announced that Sandro won/claimed the third place, other players congratulated him/extended their genuine congratulations, the audience in the stadium bursting/exploding/breaking into thunderous applause. As teacher Eddie said/put it, he won the recognition and respect from others with his effort and persistence.

科技节活动介绍:

Last week, I had the incredible opportunity to participate in a captivating/educational/informative and enlightening exploration tour to the City Science Museum organized by our school. (特点 1. 吸人眼球。2. 概括事件。3. 个人主观情感态度)

(活动过程用三个句型引出来) It commenced/started/kicked off with an insightful (有深刻见解的) guided tour through the museum's interactive exhibits, showcasing cutting-edge (尖端的) technologies and scientific breakthroughs. Additionally, what followed was a virtual reality simulation that transported us to different environments and eras. From exploring the depths of the ocean to walking on the moon, these simulations(虚拟现实模拟) allowed us to experience the wonders of science in a wholly new way. One highlight of the trip was the hands-on experiments that allowed us to experience science firsthand. We had the opportunity to build simple circuits, conduct chemical reactions, and even control robots using coding. (感悟: 多角度阐明科技研学的感悟) Appealing and illuminating, the tour not only instilled (培养; 灌输) me with a sense of pride in our scientific advances but also planted in my heart a seed of scientific exploration.

制作稻草人续写:

"Come with me!" Josh called out. He wore a mysterious smile, looking confident. I followed with curiosity him to the attic, where he searched for something among a pile of old items. Before long, Josh brought out a stack of worn-out clothes, old sheets, and broken umbrellas. I suddenly grasped Josh's idea. We shared a knowing smile and the following minutes found us busy attaching sheets and clothes to the backbone-the umbrella. Everything ready, mom came up, exclaiming in surprised disbelief, "It really scares me!" Then we carried it to the field, looking at it with admiration.

In the following days, the scarecrow stood proudly. It stood like a tall soldier, its eyes fixed firmly on the land, seemingly sending a warning to the sparrows and wild creatures: never set foot here. Strangely enough, it worked. The once fierce pigs now stared at the scarecrow from a distance, fear in their eyes. Mom's worried face now lit up with joy. We often ran over, saluting the scarecrow. In our eyes, it was a beautiful guardian just like our mother, all inspired by her favorite saying: "waste not, want not."

Like a gust of wind, he flew up to the attic. I followed him, eager to discover what a good idea he had./The next instant, he raced upstairs with lightning speed. I hurried to follow him into the attic, where we began a thorough search.

续写自我接纳: *The whole class turned to look at me.* With all the eyes focused on me, I felt a flood of blood rushing to my head. How I wished I could disappear out of sight at once/How I wished I could find a hole to hide in. "They would be laughing at me!" I thought to myself with my head lowered, not daring to meet their gaze. However, nothing happened and the teacher continued to take attendance. I sat on the seat, unable to concentrate throughout the class. Hardly had the doorbell rung when I rushed out and shrank into a corner, with head hung.

"You know, the voice problem you met in class is normal," a classmate came to me and said. His reassuring words caught me off guard. I lifted up my head, obvious surprise and doubt on the face. He nodded with a smile and shared to me his own similar experience. A I realized I wasn't alone in this struggle. Knowing that others were going through the same thing made me

feel seen and understood. His empathy sparked a sense of belonging and support that I hadn't anticipated. My previous concern and embarrassment gave way to gratitude and confidence. Gradually, I let go of the fear of judgment and started to embrace my voice cracks as a natural part of growing up. This newfound sense of confidence and self-acceptance transformed my interactions at school, making me feel more at ease and connected with my peers.

A climbing event to celebrate the New Year

应用文: With the intention of welcoming the new year, a meaningful climbing activity was organized by our school on New Year's day.

The New Year's day witnessed a meaningful climbing event hosted by our school, which attracted the participation of numerous teachers and students.

The activity kicked off with the headmaster's motivational delivery, in which he extended warm wishes for a promising and prosperous new year. Then we began to climb the journey with the happy music. Despite the rough mountain road, it didn't reduce our enthusiasm, happy and warm laughter filling the air. When the first ray of sunshine greeted us at the peak of the mountain, our hearts were full of hope and blessings for the New Year.

The event went off with a bang and was highly thought of by all the participants. It not only enriched our dull and boring life and strengthened our body, but it also stimulated our spirit of "striving upward".

读后续写第一段 Time ticking by, I could feel my heart pounding wildly. Holding my breath, I stood ready to do whatever it took to save this little life. Due to his limited strength, his tiny fingers failed to firmly hold on to the railing and lost his grip(紧握; 紧抓). Just in that instant, instinctively I reached out my arms and caught him into my arms. Holding him gently in my arms as if he were my own child, I kept mumbling(嚷嚷), " God blesses you ! You are safe now, kid."

第一段: Nervous as I was, I held my breath and had my eyes glued to the little baby, getting ready to take immediate action to save the little life./

Holding my breath and with all my attention on the little baby, I stood steadily ready to reach out my arms to catch him.

It didn't took long before the baby failed to hold onto the railing and slipped off due to his limited strength.

Hardly had I seen him falling off when I stretched out my arms, just in time to catch him into my arms.

At the sight of the little baby lying in my arms safe and sound, I let out a sigh of relief.

第二段: 人群的反应: The surrounding crowd erupted into thunderous applause, praising me for my quick action to save the little baby. The baby's parents rushed to the scene, their faces filled with a mixture of gratitude, and they extended genuine appreciation for my help. Hardly could they believe that a stranger could save their child under such urgent situation. 人群爆发出雷鸣般的掌声, 大家围了过来发出赞叹声。而此时孩子的父母急匆匆跑过来, 再三向我表达感谢: “如果不是你的解救, 我们家就陷入奔溃”

The crowd erupted/burst/broke into thunderous applause and cheers, all gathering around to express their admiration and awe. Then the baby's parents hurried to the spot, expressing

their genuine appreciation over and over again, "Had not been for your quick action, our family would break down!"

结尾：1.自然结尾： Not until then did I suddenly remember that I was nearly late for the appointment with my friend. I dashed for the toy store to buy a gift and I was convinced that my friend would forgive me for my being late.

Upon arriving at the airport, I found a strange thing happening.

结尾2：呼应开头： Knowing that my skill could make a big difference, I could feel a sense of pride welling up within me and I would treasure it .

Not until that moment did I realize that how useful my skill was. Though my hands were a bit painful, I took pride in my skill and was willing to use it to make a difference to others.

结尾3：主题升华类： Reflecting on the incident, I couldn't help but feel a deep sense of satisfaction and fulfillment, which served as a reminder that we should always lend a helping hand to others because you never know when and where your unique skills will change the lives of others.

续写： 第一段: *Following the boy quickly, she spotted a group of kids crying anxiously by the lake. Rushing to the shore of the lake, out came the shocking scene that a little girl in the water was struggling to keep her head above the water.* In no time, the boy threw the jump rope into the water for the girl to grasp. However, the boy's strength was not enough to pull the girl out of trouble. Without the slightest hesitation, Katie hurried to join him to hold the rope firmly and made efforts to save the girl. Ultimately, with their joint efforts, the drowning girl was saved out of the water.

Suddenly, a cry for help caught Katie's attention. It turned out that a girl fell into the water when she was playing with those kids by the lake and .

Out of curiosity and confusion , Katie walked closer to the lake. Greeting her/What greeted her/Coming into her sight was a girl who couldn't swim struggling in the water .

At the crucial moment, the boy, who robbed her jump rope, threw the rope to the drowning girl and dragged the other end of the rope together with the rest kids. "Come on!" Katie said to them and joined them in pulling the girl out of the water. Luckily, after a few minutes, they managed to save the girl.

第二段： *After making sure the drowning girl was okay, the boy walked up to Katie with the jump rope.* Not only did he extended his sincere apology to Katie for his robbing her of the rope without permission, but he also conveyed his inner appreciation for her kind assistance while returning her jumping rope. At that moment, her previous anger and disappointment gave way to relief and satisfaction. Staring at her considerate grandma's gift, Katie felt that it seemed to be carrying more significance in that it should have saved a girl's life.

Looking at the jump rope in her hands , never in her wildest dream did Katie imagine that someday it could save a girl. " It's my grandma's gift ," she thought to herself and smiled.

读后续写第一段的续写思路: On the exam day, a fear of failure upset her stomach. + 衔接句为什么害怕紧张。 + 过渡句如何调整心态 (使用文本中出现的伏笔 老师的指导鼓励以及我的努力) 顺利考完 + 过渡句和第二段首句衔接 (热切带着期待等待结果的出现) On

the exam day, a **fear of failure** upset her stomach. 第一段: At the thought of the likely result of **failure**, she **felt her heart pounding wildly and her palms couldn't help sweating**, as if she was sitting on pins and needles./Lips bitten, palms sweating, she could feel her heart nearly bounding out of her chest.或者是 **All memories about the bad maths test flooded back to her mind**, making her throat tight and palms sweating. **心态转变:** It was at that crucial moment that Mrs Leena 's words echoed in her mind.或 All of a sudden, Mrs Leena's words echoed/rang in her ears. Despite the fact that she was still having some anxiety, she **composed herself** and was confident to face the following Math test. 或 **At the precise moment scenes of her past days of hard work and Ms Leena's words popped into her mind** and her previous **fear and anxiety gave way to calmness and confidence**.She took a deep breath and threw herself into the test. Two hours passed as quickly as a second, Aliya handed in the paper, only to find herself relaxed like ever before. .

或 **With Mrs Leena's encouraging words in mind**, Aliya began to answer the paper with a touch of confidence. Aliya's pen danced swiftly on the paper. Time ticking by quickly, she finished and handed in the paper, **waiting for the result with half concern and half anticipation**. **Ultimately the day of announcing the result came.** (衔接句承上启下的作用) **Ultimately the day of announcing the result came. Hardly had she received her report card when she couldn't wait to check the grade on it.**

第二段: At the sight of the grade, she couldn't contain herself and jumped with excitement. **Hardly could she believe that she should attain an A in the Math test(衔接句).** Aliya rushed into the office and shared the good news with Mrs Leena.

After confirming it for several times, She was like walking on the air, thrilled and excited. She dashed towards Mrs Leena's office to tell her the good news.

No sooner had Aliya arrived at Mrs Leena's office, **than she handed out** her report card with a trembling hand, **expressing her genuine appreciation to** the teacher. "Had it not been for your advice and encouragement, I couldn't have such remarkable progress" Aliya said in a choked voice. Resting her hand on Aliya, Mrs Leena beamed a brilliant smile and uttered **"It is your hard work, determination and resilience that makes a great difference!"** With the warm sunlight flooding in through the window, it dawned on Aliya that the three key ingredients--hard work, determination and resilience would accompany her forever.

续写作文: "This is Maya's secret," Hilda said with a big smile.+听到这个的反应 **On/Upon hearing Hilda's words, Katherine felt more confused than ever before.** "Follow me to keep trace of Maya's track." Hilda added with a mysterious smile. **Curious and eager to solve the puzzle(呼应文本),** Katherine put on her scuba gear and followed Hilda to jump to the filter box again, where they surprisingly found many items, including a plastic bottle, a key ring and several other smallest items clinking together. **Just at the same time, Maya came to their sight with a shining thing in her hand, waiting for her treats as usual.(呼应文本)** Katherine eventually knew its secret, grinning from ear to ear. **It turned out that Maya had developed a unique way of expressing desires and earning treats.**

Now Katherine realized what had been going on. "How clever and naughty Maya is !" **Katherine murmured to herself, with embarrassed expression crossing her face (知道真相后的反应).** She expressed her apology for misunderstanding Hilda with a faint/shy smile. Hilda replied : "It doesn't matter and she was just playing a clever game of giving-and -take with us.

Well, why not have her fetch the items she hid for the visiting guests?”. Katherine responded excitedly, “Good idea! Let’s start it now.” In the days that followed, the Sea Park was filled with laughter and warmth due to Maya’s fantastic performance. The bond between trainer, volunteer and dolphin grew stronger and the sense of unity and joy filled the air, replacing the previous tension. (解决之前的矛盾点)

续写 (给父亲过生日) : After Mama agreed, I persuaded my friends to join in my secret plan. The thought (衔接句) of fixing up the old boat as a birthday surprise filled our eyes with light and hope. Without the slightest hesitation, we sprang to action/swung into action/threw ourselves into the work, clearing up the dirt on the boat, tightening every screw on the boat, and repainting it. Despite being tired and exhausted, we still spared no effort to carry on at the thought of my father’s big smile on seeing it. With the time ticking by, the boat gradually took on a new look and return to its previous glory, shining brightly in the sunlight. Excited and with great anticipation, we were waiting for the big day to come. (衔接句 2)

On the day of Papa’s birthday, we were all eager to give him a surprise. My Mama led him and his old companion, Ralph to the lake. When his gaze swept over the refreshed boat, his eyes widened with disbelief. I headed towards him, stretched my arms and wrapped him in my warm embrace, murmuring: “Happy birthday to you, Daddy! Your wish did become a reality.” “I never imagined it even in my wildest dreams.” Papa murmured, smile flashing his wrinkled face. With the boat off across the lake as if we were travelling through the past memory and picking up the golden old days, Papa’s laughter echoed across. The setting sun, the old boat, and the cheerful laughter made up the most beautiful picture in the world. (画面定格式的结尾)